

Guide Helps: Sexuality

God Created Sex!

Sex is not just physical

PHYSICAL • EMOTIONAL • MENTAL • SPIRITUAL

**Kids are starting
puberty earlier.**

**8-13 for girls
9-14 for boys**

Know Thy Group!

**Many Parents Have Not Had Any
Conversations With Their Kids. OUCH!**

**Wide Differences
Between Group
Members!**

Where are your kids at in the physical/emotional/mental/spiritual arenas of sexuality?

Gender of leaders can affect conversation.

Guides as parents in the group—talk with your son or daughter before and after small groups.

Family backgrounds of kids should be considered and respected!

Divorce / Never-married parents / History of abuse / Kids with sexual experience / Homosexuality / Abortion / and others situations



Create a small group full of openness, honesty and transparency!

Be confident and prepared.

Keep it at a Jr. High Level and allow questions, comments and encourage discussions!

Guide discussion with the focus on God's plan!

A time of faith! Listen, not preach.

We must report sexual abuse!

Almost all youth are sexually active... at least in their thoughts!

Remember Jr. High?

We Often Have Different Views and Beliefs On Many Issues Around Sex.

Share or Not?

Share wisely your views. Express them as YOUR OWN. Encourage different opinions and encourage HOME DISCUSSION.

What Do They Know?

Surprisingly a lot! But often much of what they know is distorted and incorrect. Don't be surprised by how much they DO know and what they get completely wrong.
(Try not to laugh OR throw up)

They often ask TOUGH QUESTIONS

- Poll the group (buys you time)
- Say you don't know-B Truthful
- Promise to answer at next small group
- Encourage HOME DISCUSSION

Their attitudes and beliefs on issues like abortion, masturbation, oral sex, sexual intercourse, pre-marital sex and others may be different than your own.

Kids are less inhibited than we were to talk about sex.



10 Principals of Sexual Behavior

1. The Principle of Goodness

- Sex was created by God. GENESIS 2:18-24
- There was no shame. GENESIS 2:25
- Sex is beautiful. SONG OF SOLOMON
- PRINCIPLE: Sex is good.

3. The Principle of Honor

- We are to honor God with our bodies.
1 CORINTHIANS 6:20
- PRINCIPLE: Sexual behavior should honor God.

5. The Principle of Temptation

- Sexual temptation can be handled. 1 CORINTHIANS 10:13
- PRINCIPLE: We can resist sexual temptation.

7. The Principle of Running

- Sometimes the only way to deal with sexual temptation is to run/break off the relationship/take a cold shower. GENESIS 39:12
- PRINCIPLE: Sometimes the only way to deal with sexual temptation is to make a radical break.

9. The Principle of Self-Control

- If you don't control your body, it will control you. 1 THESSALONIANS 4:4; 1 CORINTHIANS 6:12-14; 1 CORINTHIANS 10:23-24
- PRINCIPLE: When sex controls you, you've gone too far.

2. The Principle of Design

- Sex was designed to culminate in intercourse. So anytime you start, that's where it wants to end up.
- PRINCIPLE: Sex is fulfilled only in intercourse

4. The Principle of Oneness

- When you have sex, two become one. GENESIS 2:24; MATTHEW 19:5; 1 CORINTHIANS 6:16
- PRINCIPLE: You give up part of yourself in sexual intercourse.

6. The Principle of Lust

- The longer you fool with sex, the more dangerous it is. JAMES 1:12-15; 1 THESSALONIANS 4:3-8
- PRINCIPLE: Sexual foreplay/porn/etc. is dangerous

8. The Principle of Love

- Love should be the guideline for our sexual behavior. 1 CORINTHIANS 13:1-13
- PRINCIPLE: Love expresses itself in waiting.

10. The Principal of Consequence

- Sex is not a neutral act. There are always consequences. GALATIANS 6:7-8; ROMANS 1:24-25
- PRINCIPLE: Sex always has consequences.